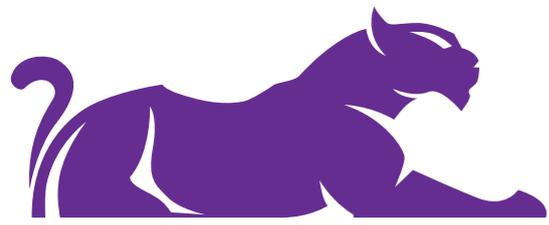




**PANTHERS**  
WOMEN SOCCER  
BOULDER HIGH SCHOOL

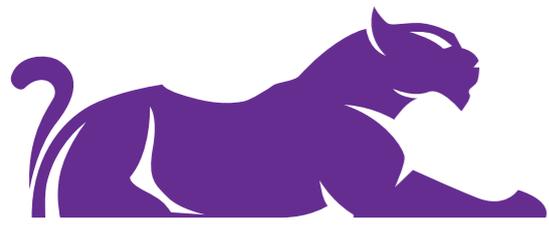
# Player-Only

January 9th, 2017



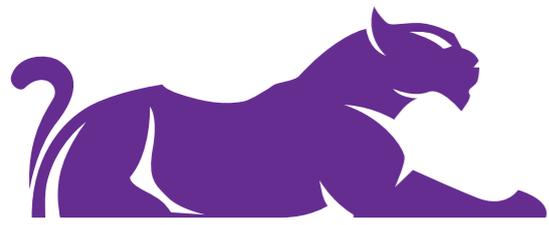
# Welcome

- ▶ **Welcome to the New BHS Panther Women Soccer Program**
  - ▶ Teams - Levels, expected numbers and general characteristics
  - ▶ Academic Eligibility
  - ▶ Player Conduct
  - ▶ Communication Hierarchy Protocol
  - ▶ The Why: Our Mission
  - ▶ The How
  - ▶ The What
  - ▶ The Number Legacy



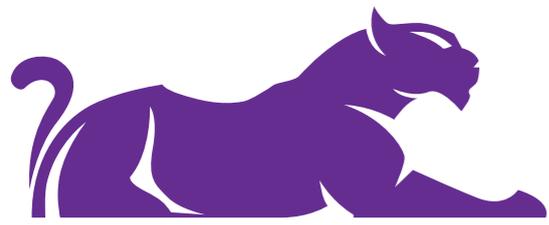
# Spring 2017 BHS Women Soccer Teams

- ▶ **Freshmen** - Up to 25 Players - Strictly Developmental (The aim is for everyone to play about the equal amount of time. Positional experimentation will occur).
- ▶ **Sophomore** - Up to 25 Players - Strictly Developmental (About the same amount of playing time. Positions more established).
- ▶ **Junior Varsity** - From 20 to 24 Players - Competitive (Not the same amount of playing time but everyone should play some minutes a game. Position based).
- ▶ **Varsity** - From 16 to 20 players - Competitive (Not the same playing time, not everyone plays. Results matter).



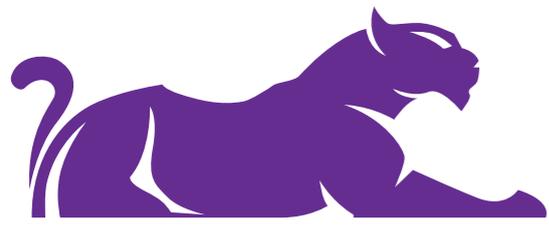
# Academic Eligibility

- ▶ **We will follow the district rules on eligibility.**
  - ▶ 2 failing grades and you will be ineligible until, at least, one of those grades is a passing grade.
  - ▶ We will see grades every Friday though, so a player that has a failing grade or a consistent D in a class will, in most cases, get a recommendation from the coaching staff to attend to that grade for the week until it's fixed. That would mean, no practice that week, or the weeks to follow and therefore less, or no playing time on games that week.
- ▶ **School work comes first, *always*.**
- ▶ **Self organization and discipline is of the utmost importance.**



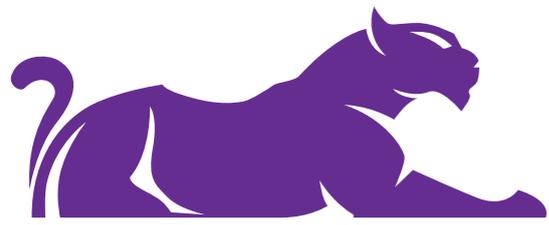
# Student-Athlete Conduct

- ▶ **We will also follow the district rules on player conduct.**
  - ▶ First offense, they will miss 20% of the of the total scheduled games without appeal. (i.e. 3 out of 15)
  - ▶ On the second offense a player will miss 50% of the total scheduled games, at which point the coaching staff will have to evaluate if the player should be demoted to give way to a player that will be eligible for those games.
  - ▶ Third offense and the player, by district rules, will have to be removed from any athletic activity for an entire 12 month period.
  - ▶ Incidents carry over from year to year for three calendar years. Game suspensions carry over from season to season.



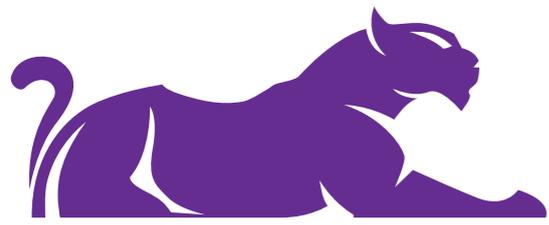
## Student-Athlete Conduct - Cont'd

- ▶ Offenses are clearly defined as alcohol or substance abuse, academic fraud (cheating, plagiarism, etc...), conduct unbecoming of a Boulder High School Citizen (abusive and/or disrespectful behavior on and off the field, taunting, bullying, hazing, harassment, etc...) and breaking internal rules set forth by the team and agreed by all players, coaching staff and school administration.



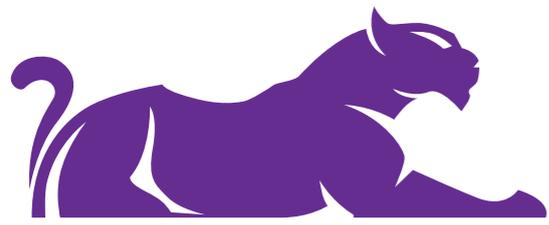
# Playing is a privilege

- ▶ Participation in interscholastic activities as a part of a school's educational program is a privilege and not a right. Students wishing to participate are required to meet standards of personal behavior and academic performance which are related to school purposes. In this regard, the CHSAA and its member schools may exercise the fullest discretion permitted under law.



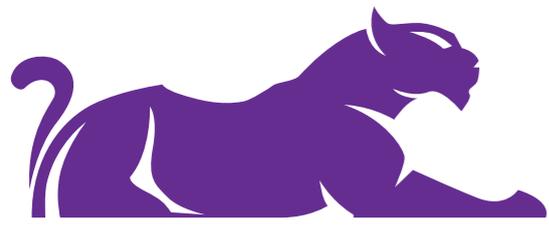
# Communication Hierarchy Protocol

- ▶ **We will follow the district communication hierarchy protocol** so if any issue arises (playing time, position being played, etc...) **the player should:**
  - ▶ Talk to her team coach first and try to resolve it at that first level.
  - ▶ Talk to the Assistant to the Program Head Coach if it wasn't resolved at first level.
  - ▶ If the issue still persists the Program Head Coach, Assistant Coach, Team Coach and player will meet to resolve issue.
  - ▶ Only if at the previous instance the issue is not resolved, the Program Head Coach and Student will meet with the Athletic Director. And if needed, the parents will be invited to listen in.



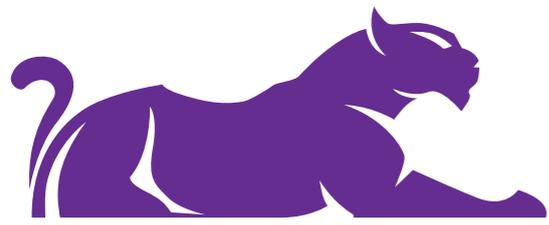
# Regular Season Practices

- ▶ We have been able to work with other BHS programs to have an earlier practice time for the girls.
- ▶ It will be a rotating schedule every two weeks (5-7pm and 7-9pm) so that the girls can have more homework, family and rest time.
- ▶ Visit **[boulderhighwomensoccer.com](http://boulderhighwomensoccer.com)** for up-to-date info.
- ▶ Each student-athlete is responsible for staying informed about any practice or game time/location changes that inevitably occur during the season. Any questions, please call your coach but visit the webpage first.



# Regular Season Practices - Cont'd

- ▶ **All practices and games are mandatory.** Student-athletes must manage their schedule appropriately. Parents can help their daughters be successful in the program by scheduling appointment, travel, family time and events around soccer practice and games.
- ▶ Student-athletes who miss practices will jeopardize their position on the team and in the program. **Student-athletes will not be excused from practices or games for appointments, bank holidays, family dinner plans, college student siblings in town, vacations, etc.** Part of being a successful student-athlete is managing academic success and athletic participation.
- ▶ Student-athletes who need additional academic assistance/tutoring are encouraged to contact Coach Real.

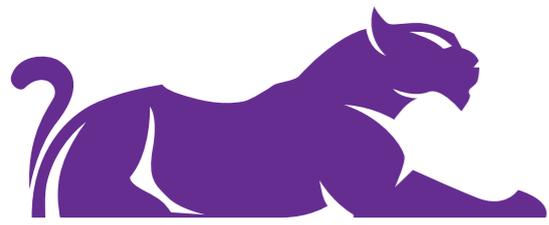


**PANTHERS**  
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## The Why

### ▶ MISSION

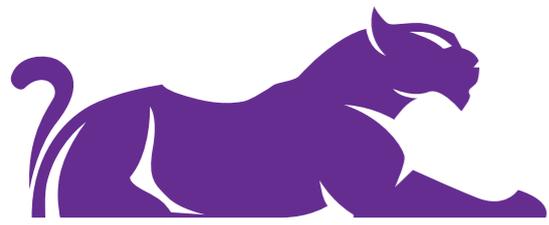
**Achieve the highest possible level of soccer through teamwork, by being the best individuals we can be.**



## The How

- ▶ **Humility** - Are you too big to do the small things? We are going to clean up after ourselves. We are going to do it properly. So no one else has to. Because no one looks after The Panthers. The Panthers look after themselves.

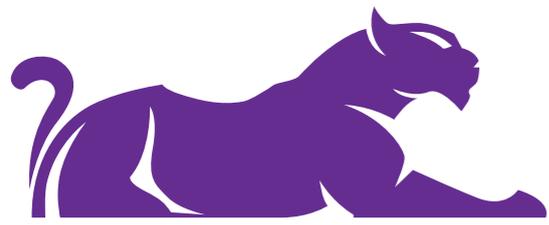
***“A player who makes the team great is better than a great player”***



## 6 - The How

- ▶ **Humility**
- ▶ **Effort** - Physically: are you willing to train harder than a **non-Panther**? To outwork yourself at every training? Off the field in schoolwork, in your community, with your family? And mentally are you willing to motivate, encourage and teach your peers and teammates? To learn from them?

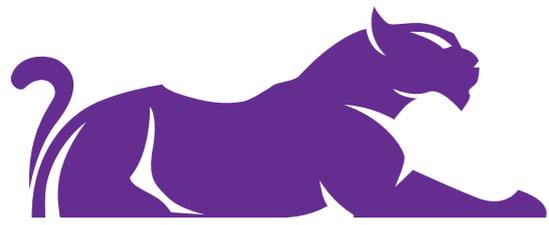
***“From driveway to driveway.”***



## The How

- ▶ Humility
- ▶ Effort
- ▶ **Respect** - Yourself, the opponent, the coaches and teachers, the referees, your peers. The game, the system, the work that you have to put into it.

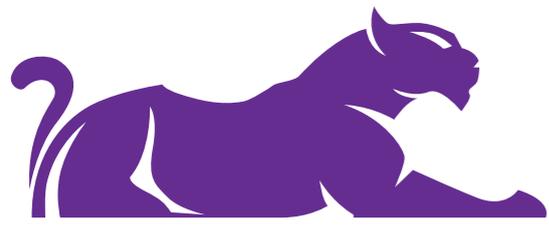
***“If it’s not good for the team, don’t say it  
and don’t do it”***



## The How

- ▶ Humility
- ▶ Effort
- ▶ Respect
- ▶ **Ownership** - This is your time. The time to make **YOUR** mark, your contribution. This is yours and you will get out of it whatever **YOU** put into it.

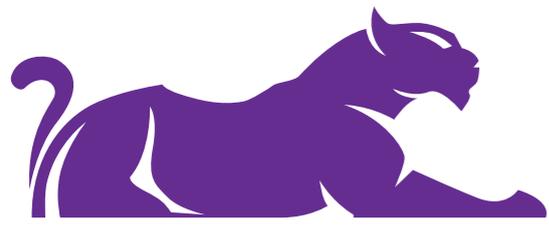
***“Our first responsibility is to be a good ancestor. Plant trees you'll never see.”***



## The How

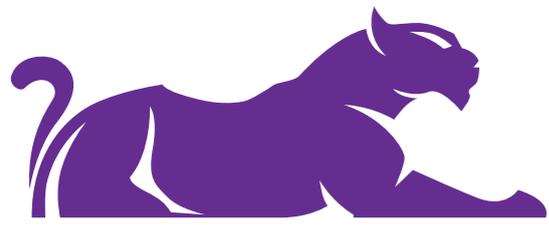
- ▶ Humility
- ▶ Effort
- ▶ Respect
- ▶ Ownership
- ▶ **Accountability** - Will you accept your responsibilities - off and on the field - and look truthfully into yourself to become better in every aspect of your life? Can we count on you?

**"Team beats talent when talent isn't a team"**



## The What.

- ▶ **Is WHAT you are doing benefiting or hurting the team?** If it's hurting it, can you stop and make a mend? If it's benefiting, can you pay it forward? Can you inspire others?
- ▶ The question you should always ask yourself is:  
**WHAT?**
- ▶ **What** am I doing to improve the team? The bonds and relationships? The play on the field? **What** is important to me and my teammates? **What** can we do without?



## The Number Legacy.

- ▶ It is your time with that jersey, with that number.  
**What's going to be your Legacy?**
- ▶ When it's all said and done; **what will you leave behind? and how will you remember your time?**
- ▶ Think that at any given moment you can be the **most important player** on the field. Train for it.

***“The LEGACY should be more intimidating than the opposition.”***



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**Thank You**  
**GO PANTHERS!**